

14-20 SEPTEMBER 2026

Plain of the week Galley Notice
(Cycle 2)

Menu for the week of 14-20 SEPTEMBER 2026

Dial NAS Meridian Galley Menu Line at 601-679-7003

Menu Items are subject to change according to availability

MONDAY- 09/14/2026

Lunch- Navy Bean Soup, Hungarian Goulash, Baked Chicken, Boiled Pasta
Steamed Rice, Chicken Gravy, Roasted Summer Squash, Steamed Broccoli, Dinner Rolls
SpeedLine- Grilled Hamburger, Krunchie Wedges, Baked Beans
Dinner- Potato Soup, Salisbury Steak, Baked Fish, Boiled Pasta,
Mashed Potatoes, Brown Gravy, Green Beans, Steamed Carrots, Dinner Rolls
Hot Bar- Pasta Bar

TUESDAY- 09/15/2026

Lunch- Texas Tortilla Soup, Tacos, Beef & Chicken Fajitas Spanish Rice, O'Brien Potatoes
Refried Beans, Mexican Corn, Southwest Vegetable Blend, Jalapeno Corn Bread
Speedline- Grilled Hotdogs, Baked Beans, French Fries
Dinner- Garden Vegetable Soup, Teriyaki Pork Chops, Grilled Salmon, Fettuccine Noodles,
Roasted Potatoes, Seasoned Lima Beans, Steamed Cauliflower, Chicken Gravy, Garlic Bread
Hot Bar- Nacho Bar

WEDNESDAY- 09/16/2026

Lunch- Cream of Broccoli Soup, Lasagna, Creamy Pesto Chicken Breast
Oven Brown Potatoes, Steamed Rice, Steamed Brussel Sprouts, Mixed Vegetables
Chicken Gravy Dinner Rolls,
Speedline- Grilled Reuben, Baked Beans French Fries
Dinner- Zesty Bean Soup, Roast Turkey, Grilled Ham Steak, Steamed Rice,
Mashed Potatoes, Brown Gravy, Fried Okra, Yams, Dinner Rolls
Hot Bar- Sweet Potato Bar

THURSDAY -09/17/2026

Lunch- Chicken Noodle Soup, Cornish Hens, Bourbon Ribs, Mashed Potatoes, Rice Pilaf
Steamed Carrots, Simmered Broccoli, Brown Gravy, Dinner Rolls
Speedline- Grilled Chicken Sandwich, Baked Beans, French Fries
Dinner – Tomato Basil Soup, Yankee Pot Roast, Lemon Baked Fish, Brown Rice,
Roasted Potatoes, Corn On The Cob, Steamed Cabbage, Brown Gravy, Cornbread
Hot Bar-Apple Cobbler

FRIDAY-09/18/2026

Lunch- *Chicken Gumbo, Beef Stroganoff, Southern Fried Catfish, Steamed Rice
Boiled Pasta, Squash, Asian Vegetable Blend, Dinner Roll*

Speedline- *Hot & Spicy Chicken Wings, Assorted Pizza, Baked Beans, French Fries*

Dinner- *Minestrone Soup, Honey Glazed Cornish Hen, Stuffed Pollock, Steamed Rice
Oven Brown Potatoes, Steamed Asparagus, Cream Corn, Dinner Rolls*

Hot Bar- *Baked Potatoes*

SATURDAY-09/19/2026

Brunch- *Chicken Noodle Soup, Asst Cereal, Scrambled Eggs w/ Vegetables, Scrambled Eggs
Boiled Eggs, Bacon, Turkey Sausage, Grits, Biscuit & Sausage Gravy, Hash Brown
Pork Steaks, Breakfast Rice, Baked Beans, Breaded Okra*

SUPPER- *Cream of Potato Soup, BBQ Roast Pork, Lemon Baked Fish, Potatoes Wedges
Steamed Brown Rice, Green Beans, Cauliflower, Brown Gravy, Dinner Rolls*

SUNDAY-09/20/2026

Brunch- *Chicken Rice Soup, Asst Cereal, Scrambled Eggs w/ Vegetables, Scrambled Eggs
Boiled Eggs, Bacon, Turkey Sausage, Grits, Biscuit & Sausage Gravy, Hash Brown
Lasagna, Boiled Pasta, Marinara Sausage, Mixed Vegetables*

SUPPER- *Clam Chowder, Roast Turkey, Baked Ham, Steamed Rice,
Mashed Potatoes, Steam Rice, Chicken Gravy, Yams, Lima Beans, Dinner Rolls*