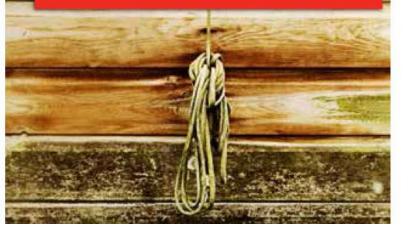
## AMERICAN RED CROSS



# LIFEGUARD TRAINING



## **REGISTER TODAY:**

Course 1: April 29-30 & May 6-7, 9am-5pm

> Course 2: May 1-4 & 8-11, 4pm-8pm

COST: \$100 Public\*\* \$50 Dependents 10 person limit per course

#### COURSE DATES ARE TENTATIVE BASED ON COMPLETION OF SWIMMING POOL REPAIRS. REGISTER NOW – PAY UPON CONFIRMATION



### TO ENROLL IN THE COURSE:

**Participants must** 

- be at least 16 years old
- Pass the prerequisite skills test (which includes swimming 300m, treading water for two minutes and retrieving a ten pound brick and swim 20m using legs only)

To successfully complete the course, participants MUST:

- Attend the entire course
- · Complete all online learning modules
- Demonstrate competency in all required skills and scenarios

• Pass the final written exam with a minimum grade 80% Upon successful completion, participants will receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, valid for two years.

#### All payments and registrations accepted at the Ponta Creek Community Recreation Complex or call 601.679.2526 to sign up.

\*\*Participants MUST have base access to attend. If not a military ID holder, obtain a base access form by emailing nasmer.mwr@navy.mil. All forms must be returned at least 1 week before the start date of the workshop to ensure access. Call 601.679.3751 to confirm it was received.

Apply NOW for your summer LIFEGUARDING JOB! navymwrmeridian.com/jobs